

# RESOURCES FOR PERSONS IN CRISIS

POLICE REPORT NUMBER: \_\_\_\_\_

OFFICER'S NAME: \_\_\_\_\_

*Nobody Has The Right to Hit or Abuse You  
Domestic Violence Is a Crime*

**FOR POLICE, FIRE or AMBULANCE CALL**

**911**

Pacifica Police Department  
2075 Coast Highway  
Pacifica, CA 94044  
(650) 738-7314

## Rights of a Domestic Violence Victim:

- The District Attorney can be asked to file a criminal complaint
- The Superior Court can be asked for the following relief orders:
  - Restraining order against attacker
  - Order directing attacker to leave the household
  - A support order
  - An order that either or both parties participate in counseling
- A civil suit can be filed for losses arising from this incident

## Domestic Violence Victim Should Know:

- Despite the alleged attacker being placed in jail, the restrained person may be released at any time
- Sexual assault by a person known to the victim, including a spouse, is a crime

## Procedures to Follow After an Assault:

- Seek a protected environment
- Obtain medical aid and call the police
- Preserve as much evidence as possible and take injury photos
- If an arrest was made, contact the San Mateo District Attorney's office (see COURT PROCESS)
- Contact the court for any needed restraining orders (see RESTRAINING ORDERS)
- If there was no arrest, and you wish to file a complaint, contact your police department

## **COURT PROCESS**

San Mateo County District Attorney  
North County ..... 877-5454  
South County ..... 363-4677  
Legal Aid Society ..... 358-0745  
Juvenile Branch..... 312-5303  
Family Court Services ..... 261-5080

## **RESTRAINING ORDERS**

Domestic Violence Clinic ..... 358-0745  
Community Overcoming Relationship Abuse (CORA).....800-300-1080  
Juana Ines (Spanish Speaking Assistance).....800-300-1080

## **COMPENSATION**

San Mateo County Victim Center (SSF) ..... 599-7479

## **COUNSELING**

Suicide Prevention & Crisis Center (24 hours)..... 800-273-TALK  
800-273-8255  
San Mateo and Northern County..... 579-0350  
Youth Crisis Line ..... 800-843-5200  
Family Service Agency..... 403-4300  
Peninsula Conflict Resolution Center ..... 513-0330  
Psychiatric Emergency Services ..... 573-2662  
Catholic Charities..... 295-2160  
Mills-Peninsula Health Services ..... 696-5915  
Veterans Affairs Mental Health Clinic.....800-455-0057

## **ALCOHOL & DRUG ABUSE**

Alcohol and Drug Help Line..... 573-3950  
Alcohol and Drug Information and Referral ..... 345-3700  
Alcoholics Anonymous ..... 577-1310  
Al-Anon / Alateen (for anyone affected by someone else's drinking)  
North County..... 873-2356  
South and Central County ..... 592-7935  
Spanish Line ..... 794-9654  
Narcotics Anonymous ..... 802-5950  
Nar-Anon (for anyone affected by someone else's drug abuse)  
County Wide.....800-477-6291  
Inpatient Treatment Programs  
Adolescent Program..... 367-9030  
Adult Program ..... 325-6466  
Free at Last (women's center, Spanish services) ..... 462-6999  
Project 90 (men's center) ..... 579-7881  
Day Treatment Programs  
Adolescent Counseling Services ..... 424-0852  
El Centro de Libertad ..... 599-9955  
Asian American Recovery Services..... 415-337-0140  
Pyramid Alternatives ..... 355-8787

## **DOMESTIC VIOLENCE**

CORA – Community Overcoming Relationship Abuse ..... 312-8515  
Domestic Violence Victim Advocates – District Attorney's Office  
Redwood City..... 599-7330  
South San Francisco..... 877-5797

## **SEXUAL ASSAULT**

Rape Trauma Services ..... 692-7273  
Keller Center Sexual Assault Trauma Center ..... 573-2623

## **CORE SERVICE CENTER**

These agencies can locate or provide emergency food, shelter, clothing, employment services, PG&E assistance funds and short-term counseling.

### *El Granada*

Coastside Hope  
99 Avenue Alhambra..... 726-9071

### *Daly City*

Daly City Community Service Center  
350 – 90<sup>th</sup> St..... 991-8007

### *South San Francisco*

Youth Services Bureau of YMCA  
1486 Huntington Ave..... 877-8642

### *Pacifica*

Pacifica Resource Center  
1809 Palmetto Ave..... 738-7470

### *San Mateo*

Samaritan House, Inc.  
401 N. Humboldt St..... 347-3648

**SHELTER & TRANSITIONAL HOUSING**

See Core Service Center Agencies for Emergency Shelters  
 Shelter Bed Hotline ..... 800-774-3583  
 Mid-Pen Housing Corp ..... 356-2900  
 Offers federally funded program (Section 8)  
 Project Sentinel ..... 321-6291  
 For Cities North of Redwood City  
 Human Investment Project (HIP Housing) ..... 348-6660

**HEALTH CARE**

San Mateo Medical Center ..... 573-2222  
 Seton Medical Center  
 Daly City ..... 992-4000  
 Moss Beach ..... 563-7100  
 TDD 728-7081  
 Planned Parenthood Golden Gate (Various Locations) ..... 877-855-7526  
 Free Clinics for Uninsured Persons  
 RotaCare Clinics ..... 991-6046  
 Arbor Free Clinic ..... 493-5000  
 San Mateo Free Clinic ..... 573-2346  
 AIDS Community Research ..... 364-6563

**COMMISSION ON THE STATUS OF WOMEN**

Information on Women's Services and Resources ..... 363-4872  
 AFDC, General Assistance, Food Stamps, Medi-Cal  
 South San Francisco – 1487 Huntington Ave ..... 877-5608  
 San Mateo County Hospital (Medi-Cal only) ..... 573-2349

**EMERGENCY FOOD**

See Core Service Center Agencies for Emergency Food  
 CALL - Primrose Center - 139 Primrose Rd., Burlingame ..... 342-2255  
 Catholic Work House - 545 Cassia St., Redwood City ..... 366-4415  
 Ecumenical Hunger Program - 1836 Bay Rd., Palo Alto ..... 323-7781  
 Salvation Army – 409 South Spruce, South San Francisco ..... 266-4591  
 Second Harvest Food Bank - 1051 Bing St., San Carlos ..... 610-0800  
 St. Vincent de Paul Society - 50 North B St., San Mateo ..... 343-4403  
 Café St. Vincent - 344 Grand Ave., South San Francisco ..... 589-9039  
 North Peninsula Dining Center - 6655 Mission St., Daly City ..... 994-5150

**DISABLED SERVICES**

Aging and Adult Services ..... 800-675-8437  
 TTY 711  
 California Relay Service ..... 711  
 Center for Independence of the Disabled (CID) ..... 645-1780  
 TTY 650-522-9313  
 Children's Health Council ..... 326-5530  
 Deaf Counseling Advocacy & Referral Agency (DCARA) ... 510-343-6670  
 Kainos ..... 363-2423  
 Residential/vocation programs for developmentally disabled adults  
 Parca ..... 312-0730  
 Recreation and support for developmentally disabled persons  
 Peninsula Center for the Blind and Visually Impaired ..... 858-0202  
 Special Education Services ..... 802-5300  
 Community Gatepath ..... 259-8500  
 Meals on Wheels  
 Coastside ..... 726-9056  
 Pacifica ..... 738-7350  
 Belmont to East Palo Alto ..... 323-2022  
 San Mateo to Daly City ..... 800-675-8437

**EMPLOYMENT**

California Employment Development Department (EDD).... 866-333-4606  
 California Conservation Corps (CCC) ..... 916-341-3100  
 Job For Youth ..... 301-8492  
 Equal Employment Opportunity Commission (EEOC) ..... 800-669-4000  
 Regional Occupational Program (ROP) ..... 598-2000

**CHILDREN & FAMILY SERVICES**

Child Protective Services (CPS) ..... 800-632-4615  
 24-hour service provided for children in San Mateo County  
 (newborn-18) alleged to be victims of abuse, neglect or exploitation  
 Intake Unit (places children in foster homes) ..... 595-7922  
 Youth Services Bureau ..... 355-3900  
 Child Care Coordinating Programs ..... 517-1460  
 Family Support Division San Mateo County ..... 261-5100  
 Handles problems related to child support, paternity, and medical  
 insurance from an absent parent  
 Big Brothers-Big Sisters of San Francisco  
 and the Peninsula ..... 415-503-4050  
 Parent Support Line ..... 888-220-7575  
 Child Abuse Treatment Services ..... 403-4300  
 Women, Infants and Children Program (WIC) ..... 573-2168  
 Healthy Families Program ..... 616-2002  
 Family and Children Services ..... 326-6576  
 KARA (Grief Counseling) ..... 321-5272  
 Your House - 394 Sequoia Ave., Redwood City ..... 367-9687  
 Temporary housing/counseling for runaway teens

**SENIOR SERVICES**

Aging and Adult Services ..... 800-675-8437  
 TTY 711  
 Senior Centers  
 Doelger - 101 Lake Merced Blvd., Daly City ..... 991-8012  
 Millbrae Senior Center - 477 Lincoln Cir., Millbrae ..... 259-2370  
 Pacifica Senior Services - 540 Crespi Dr., Pacifica ..... 738-7384  
 San Bruno Center - 1555 Crystal Springs Rd., San Bruno.. 616-7150  
 Area Agency on Aging ..... 573-3900  
 Commission on Aging ..... 573-3527  
 Shopping Assistance for Seniors  
 Pacifica ..... 738-7353  
 San Bruno ..... 616-7155  
 South San Francisco ..... 829-3820

**LEGAL SERVICES**

Bay Area Legal Aid ..... 415-864-8848  
 La Raza Cento Legal ..... 415-575-3500  
 Legal Aid Society of San Mateo County ..... 800-381-8898  
 Law Library - 710 Hamilton St., Redwood City ..... 363-4913  
 Victims Center of San Mateo County ..... 599-7479

**TRANSPORTATION**

Sam Trans ..... 800-660-4287  
 TTY . 508-7919  
 Redi-Wheels ..... 800-660-4287  
 TTY 508-6648  
 Rides for Bay Area Commuters ..... 511  
 Bay Area Rapid Transit (BART) ..... 992-2278

**For more information on community resources,  
 call your local library or visit [smc.connect.org](http://smc.connect.org)**