

YOUTH SERVICES DIRECTORY

For San Mateo County

POLICE REPORT NUMBER: _____

OFFICER'S NAME: _____

Nobody Has The Right to Hit or Abuse You

FOR POLICE, FIRE or AMBULANCE CALL

911

Pacifica Police Department
2075 Coast Highway
Pacifica, CA 94044
(650) 738-7314

24-HOUR CRISIS LINES

Alcohol and Drug Helpline.....	573-3950
Poison Control.....	800-876-4766
Youth Crisis Line.....	800-843-5200
Counseling, youth-to-parent message service, phone connections to service providers.	
CORA - Community Overcoming Relationship Abuse	312-8515
Children and Family Services	800-632-4615
For youth age 17 or under in danger due to abuse, abandonment or exploitation.	
National STD/AIDS Hotline	800-342-2437
Spanish . 800-344-7432	
Psychiatric Emergency services	573-2662
Rape Trauma Services	692-7273
Keller Center	573-2623
Center for family violence intervention and sexual assault trauma center.	
Sor Juana Ines Services for Abused Women	800-300-1080
YFA Crisis Intervention and Suicide Prevention Center	
Coastside	726-6655
Daly City through San Mateo	692-6655
Belmont through Palo Alto	368-6655

DRUG AND ALCOHOL ABUSE

Adolescent Counseling Services – Outpatient Treatment	424-0852
Al-Anon/Alateen	592-7935
For people affected by someone else's alcohol abuse	
Asian American Recovery Service.....	301-3240
Children's Place Program – The Legacy Foundation	216-7411
For age 14 or under, living in a substance abusing family	
Daytop Adolescent Treatment Facility	367-9030
El Centro De Libertad.....	599-9955
Free at last	462-6999
Mills-Peninsula Chemical Dependency Services	696-5909
Nar-Anon.....	321-2334
For people affected by someone else's drug abuse	
National Drug and Treatment Referral Routing Service	800-662-4357
Project 90	579-7881
Pyramid Alternatives	355-8787
Women's Recovery Association Aster Program	348-6603
Prevention, early intervention and counseling for teen girls.	
YFA Archway	366-8433
Counseling and support for children from chemically dependant families	
YFA Insights.....	755-0858

BASIC NEEDS

These agencies can give you info on community services and help you locate emergency food, clothing and shelter	
CALL – Primrose Center	
139 Primrose Rd. Burlingame	342-2255
Coastside Opportunity Center	
99 Avenue Alhambra, El Granada	726-9071
Daly City Community Service Center	
350 – 90 th St., Daly City	991-8007
Fair Oaks Community Center	
2600 Middlefield Rd., Redwood City	780-7500
Family Support Center of the Mid-Peninsula	
1798-B Bay Road, East Palo Alto	322-1821
North Peninsula Neighborhood Services Center	
600 Linden Ave., South San Francisco	588-8822
Pacifica Resource Center	
1809 Palmetto Ave., Pacifica	738-7470
Samaritan House	
401 N. Humboldt St., San Mateo	347-3648
South Coast Collaborative	
620 North St., Pescadero	879-1691

VIOLENCE/ SEXUAL ABUSE PREVENTION

Barrios Unidos.....	401-3603
CORA - Community Overcoming Relationship Abuse	312-8515
Child Abuse Prevention Center	562-0730
Child Abuse Treatment Services.....	403-4300
Keller Center	573-2623
Center for family violence intervention and sexual assault trauma center.	
Peninsula Conflict Resolution Center.....	373-3490
Rape Trauma Services	692-7273
Sor Juana Ines Services for abused Women.....	800-300-1080

COUNSELING

Catholic Charities	295-2160
Daly City Youth Health Center	991-2240
Family and Children Services	326-6576
Family and Community Enrichment Services	591-9623
Family Service Agency.....	403-4300
Gay Lesbian and Straight Education Network (GLSEN).....	361-0292
Works to make schools safe for all members of the gay straight, bisexual, transgender community, their parents, children and friends by working towards preventing anti-gay bias, harassment and violence.	
KARA.....	321-5272
For any child or teen coping with life threatening illness, death or bereavement.	
North Peninsula Family Alternatives	877-8642
Counseling for at-risk teens; Juvenile Sexual Responsibility Program works with boys 12-18 with a history of perpetuating sexual abuse.	
Project FOCYS.....	349-7969
Counseling for children 5-18, including gay, lesbian bisexual, transgender or questioning teens. Family and group counseling.	
Redwood City Youth Health Center	366-2927
Counseling, including groups for bicultural youth, girls, and teens who are questioning their sexual identity, Sexual identity forum, assistance to gay teens.	
San Mateo County Mental Health Access Team	800-686-0101
Call this number (Mon - Fri) in a mental health emergency for program referral. After-hours or on weekends, call Psychiatric Emergency Services at 573-2662.	
YFA Diversion Services	755-0890
Youth and family counseling for at-risk youth, parenting support and counseling.	

HEALTH

Daly City Youth Health Center	
2778 Juniper Serra Blvd., Daly City	991-2240
Planned Parenthood Golden Gate	
2211 Palm Ave., San Mateo	800-967-7526
AIDS Program Clinic	
227 – 39 th Ave., San Mateo.....	573-2385
Mobile Clinic	
Call for scheduled stops.....	573-2786
Smokers Helpline.....	800-662-8887

FAMILY PLANNING/PREGNANCY

East Palo Alto Teen Home	
2265 Oakwood Dr., East Palo Alto	324-8487
First Resort	
801 Brewster St., Redwood City	595-3515
Planned Parenthood Golden Gate	
2211 Palm Ave., San Mateo	800-967-7526
Prenatal Advantage	
2415 University Ave., 2 nd Floor, East Palo Alto.....	363-7850
Teenage Pregnancy Coalition.....	367-1937

EMERGENCY HOUSING

Catholic Worker House	
545 Cassia St., Redwood City	366-4415
San Mateo County Children and Family Services	
400 Harbor Blvd., Belmont.....	800-632-4615
YFA Daybreak	
639 Douglas Ave., Redwood City	367-9687
YFA Your House South	
394 Sequoia Ave., Redwood City	367-9687

CHILD CARE/TEENAGE PARENTS

Adolescent Family Life Program	573-3494
Child Care Coordinating Council.....	655-6777
Family Service Agency of San Mateo County	403-4300
Jewish Family and Children's Services.....	688-3030
Prenatal Advantage – Reclaiming Fatherhood	363-7850
Support for young fathers.	
Prenatal to Three Initiative	888-840-0889
Young Fathers Group.....	991-2240

TEENS WITH DISABILITIES

Achievekids	494-1200
Center for Independence of the Disabled	595-0783
CHADD of Silicon Valley	949-5472
Community Gatepath	259-0189
Poplar ReCare	259-8500
Parca.....	312-0730
Schwab Learning	655-2410

EMPLOYMENT

California Conservation Corps	888-531-5627
California Dept. of Industrial Relations.....	408-277-1273
Caminar.....	578-8691
Tools For Success Program.....	550-7892
Opportunities Industrialization Center West.....	322-8431
Peninsulaworks One-Stop Centers	
Daly City	301-8440
San Carlos	596-1035
Redwood City	367-0190
Menlo Park.....	833-4906
Plugged In	322-1134
Regional Occupation Program (ROP).....	599-2713

YOUTH DEVELOPMENT/MENTORING

American Red Cross	259-1750
Youth Engaged in Service, babysitting classes	
Big Brothers/Big Sisters	415-693-7700
Boy Scouts of America.....	341-5633
Boys and Girls Club	
Pacifica.....	355-1334
South San Francisco.....	583-2348
Half Moon Bay.....	712-9710
Menlo Park.....	322-6255
Redwood City	364-0176
Daly City.....	347-9891
Campfire Boys and Girls	408-941-9411
Friends For Youth	368-4444
Girl Scouts.....	800-447-4475
Pacific Islander Outreach	327-1741
Volunteer Center of San Mateo County	235-3550
YFA Youth Development Initiative	366-8416

LEGAL STATUS/EMANCIPATION

American Civil Liberties Union	579-1789
Assists with civil liberties issues in schools.	
International Institute of San Mateo	780-7530
Enables immigrants, refugees, and their families to become effective, responsible participants in community life.	
Legal Aid Society of San Mateo County.....	800-381-8898
Teen Parent Project works with low-income teen parents on paternity, domestic violence issues, benefits, and support.	
San Mateo County Juvenile Probation.....	312-8816
San Mateo County Family Court Services	363-4560
San Mateo County Juvenile Branch.....	312-5355

EDUCATION

San Mateo County Community Colleges	
Canada College	306-3100
College of San Mateo (CSM)	574-6161
Skyline College	738-4100
San Mateo County Office of Education	802-5300
San Mateo County Special Education Services.....	802-5460

RECREATION/FREE-TIME ALTERNATIVES

Daly City Parks and Recreation Department	991-8001
Half Moon Bay Parks and Recreation Department	726-8297
Millbrae Parks and Recreation Department.....	259-2360
Pacifica Parks, Beaches and Recreation Department	738-7381
San Bruno Parks and Recreation Department.....	616-7180
San Mateo City Parks and Recreation Department	522-7400
South San Francisco Parks and Recreation Department	829-3800
Peninsula Jewish Community Center	591-4438
YMCA	
1445 Hudson St., Redwood City	368-4168
1877 Grant St., San Mateo	286-9622

TRANSPORTATION

Sam Trans.....	800-660-4287
BART	992-2278

***For more information on community resources,
call your local library or visit cip.plsinfo.org.***